

Reflect on these dimensions of your Christian discipleship:

- *Do I have a mentor who shares my faith?*
- *What role does spiritual direction play in my life?*
- *How regularly do I go to confession?*
- *Is my relationship with my spouse a source of spiritual encouragement and strength for both of us?*
- *Do I have a group of friends, or at least companions, who share my faith, values, and purpose, that I gather with on a regularly basis?*
- *What one thing can I do this week to improve the level of fellowship in my life right now?*

Complete this online, [do-it-yourself retreat](#) on what it means to be a complete Christian: